



Press Release

Mount Sinai Medical Center earns American Heart Association recognition across the entire coronary care pathway

Three Get With The Guidelines® awards, one at the program's highest level, recognize care from a patient's first chest pain through the most serious heart attacks

MIAMI BEACH, FL, July 30, 2026 — Mount Sinai Medical Center has earned three American Heart Association Get With The Guidelines® achievement awards for coronary care, recognizing how its teams treat patients across the full arc of a heart emergency, from the first sign of chest pain through the most serious heart attacks. Its care for the most severe heart attacks reached Gold Plus, the highest level the program awards.

The program's higher award levels are earned through sustained performance, one to two years of consistent, guideline-based care, and Mount Sinai reached Gold Plus for its STEMI care, the most dangerous form of heart attack, caused by a completely blocked artery.

Heart disease is the No. 1 cause of death in the United States, according to the American Heart Association, and studies show patients recover better when care teams consistently follow evidence-based guidelines. In a heart attack, minutes decide outcomes, and recovery depends on getting proven treatment into the narrow window when it can still protect the heart. Recognition across all three phases of coronary care signals care that holds steady over time, not only on a hospital's best day.

"Every one of these awards traces back to a moment when someone arrived at our doors with chest pain and our teams moved fast, followed the protocol and got it right," said **Gino Santorio, President and Chief Executive Officer of Mount Sinai Medical Center**. "That is what evidence-based care looks like in practice. It is why families across South Florida trust us with the most urgent moments of their lives."

This year, Mount Sinai Medical Center received the following achievement awards:

- **Get With The Guidelines® – Coronary Artery Disease, STEMI Receiving Center:** Gold Plus, with Target: Type 2 Diabetes Honor Roll
- **Get With The Guidelines® – Coronary Artery Disease, NSTEMI:** Gold, with Target: Type 2 Diabetes Honor Roll
- **Get With The Guidelines® – Coronary Artery Disease, Chest Pain:** Bronze

"A STEMI leaves no room for guesswork. The artery is blocked, and our job is to open it as fast as the science allows, every time," said **Dr. Nirat Beohar, Director of the Cardiac Catheterization**

Laboratory at Mount Sinai Medical Center. "What this recognition tells me is that our teams are doing exactly that, and doing it consistently across the full range of coronary care we provide, not only the most severe heart attacks. For the patient, that reliability is what changes the outcome."

Behind the awards is a high-volume coronary program. In 2025, Mount Sinai's Cardiovascular Laboratory, part of the Barry B. Siadat Family Heart Institute, performed more than 1,100 percutaneous coronary interventions, the procedure used to reopen blocked arteries and restore blood flow, along with more than 3,200 diagnostic heart catheterizations.

That kind of repetition is what turns guideline-based care into fast, confident treatment when a patient's heart is on the line.

"These awards reflect Mount Sinai Medical Center's commitment to caring for people in their community who need cardiovascular care," said Karen E. Joynt Maddox, M.D., MPH, chair of the American Heart Association Quality Oversight Committee. "By following the American Heart Association's quality improvement protocols, Mount Sinai Medical Center can help advance our shared vision of better patient outcomes, fewer readmissions and lower mortality rates — a win for patients, families and health care systems."

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About Mount Sinai Medical Center

Founded in 1949, [Mount Sinai Medical Center](#) is the largest independent, private, not-for-profit teaching hospital in South Florida. Mount Sinai's mission is to provide quality health care to a diverse community enhanced through teaching, research, charity care, and financial responsibility. Mount Sinai's Centers of Excellence combine technology, research, and academics to provide innovative and comprehensive care in cardiology, neuroscience, oncology, urology, and orthopedics. Its cardiovascular care is anchored by the Barry B. Siadat Family Heart Institute, and heart attack and stroke care are delivered through the Harvey R. Chaplin Family Stroke & Chest Pain Center. One of the original statutory teaching hospitals in the state of Florida, Mount Sinai is the hospital of choice for those who seek the level of expertise and care that only a teaching hospital can offer. Mount Sinai currently offers ten convenient locations in Miami-Dade County, including three emergency centers, and four specialty care offices in Monroe County.