

**FOR IMMEDIATE RELEASE**

**Mount Sinai Medical Center Earns National Nutrition and Dietetics Designation, First in Florida**

**MIAMI BEACH, FL – April 6, 2026** — Mount Sinai Medical Center has earned the *Standards of Excellence in Quality of Outcomes, Practice, and Organization* from the Academy of Nutrition and Dietetics, becoming the first hospital in Florida to earn this recognition.

The recognition comes at a time of growing national focus on the role of hospital nutrition in patient outcomes and recovery, reinforcing Mount Sinai's longstanding investment in evidence-based nutrition care.

For patients, this recognition affirms that nutrition care at Mount Sinai is delivered by highly credentialed professionals, guided by evidence-based protocols, and supported by systems designed to drive measurable outcomes. Nutrition plays a critical role in recovery, chronic disease management, length of stay, and overall quality of life, and this designation confirms that Mount Sinai's approach meets rigorous national standards set by the profession's leading organization.

"Every aspect of care we deliver is held to a standard of measurable quality and continuous improvement, including the nutrition services that support our patients' recovery," said **Gino R. Santorio, President and CEO of Mount Sinai Medical Center**. "This recognition reflects the strength of our clinical teams and the rigor of our approach. Being the first in Florida to earn this recognition speaks to the level at which we operate."

The Clinical Nutrition team delivers comprehensive nutrition and dietetics services across the medical center's campuses, supporting a diverse patient population throughout Miami Beach and the surrounding communities.

This builds on a series of recent quality recognitions for Mount Sinai. This year, the medical center was designated a Cancer Center of Excellence by the Florida Department of Health and named one of America's 100 Best Hospitals for 2026 by Healthgrades, placing it in the top 2% of hospitals nationwide for overall clinical performance.

The recognitions mark a period of sustained investment in quality and clinical infrastructure at Mount Sinai, as the organization prepares for the opening of the Braman Comprehensive Cancer Center.

**About Mount Sinai Medical Center**

Founded in 1949, [Mount Sinai Medical Center](#) is the largest independent, private, not-for-profit teaching hospital in South Florida. Mount Sinai's mission is to provide quality health care to a diverse community enhanced through teaching, research, charity care, and financial responsibility. Mount Sinai's Centers of Excellence combine technology, research, and academics to provide innovative and comprehensive care in cardiology, neuroscience, oncology, urology, and orthopedics. One of the original statutory teaching hospitals in the state of Florida, Mount Sinai is the hospital of choice for those who seek the level of expertise and care that only a teaching

hospital can offer. Mount Sinai currently offers ten convenient locations in Miami-Dade County, including three emergency centers, and four specialty care offices in Monroe County.

**About the Academy of Nutrition and Dietetics**

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals, representing more than 120,000 credentialed practitioners including Registered Dietitian Nutritionists (RDNs) and Nutrition and Dietetics Technicians, Registered (NDTRs). The Academy is committed to improving the nation's health and advancing the profession through research, education, and advocacy. For more information, visit [eatrightPRO.org](http://eatrightPRO.org) or contact [quality@eatright.org](mailto:quality@eatright.org).

**Mount Sinai Medical Center**

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