

# When stroke occurs every **second** counts.

Knowing what to do  
and where to go  
could save your life.

## Mount Sinai Medical Center's Comprehensive Stroke Center

Only hospitals designated as Comprehensive Stroke Centers offer patients the best chance for survival and return to their normal lives. Mount Sinai's Comprehensive Stroke Center is staffed and equipped around the clock to swiftly and accurately diagnose and treat acute stroke victims. We provide access to the latest diagnostic and therapeutic advances and offer the widest range of interventional options to stop a stroke in progress and minimize the potential damage.

After you call 911, have the ambulance take you to Mount Sinai Medical Center's Comprehensive Stroke Center.

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### Mount Sinai Medical Center Emergency Room

4300 Alton Road  
Miami Beach, FL 33140

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### Mount Sinai Aventura Emergency Room

2845 Aventura Blvd. (199 St.)  
Aventura, FL 33180

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Mount Sinai  
MEDICAL CENTER



## Stroke Education 101

- Stroke is a brain attack, cutting off vital blood flow and oxygen to the brain.
- Approximately 795,000 people suffer from stroke each year.
- In the U.S. stroke is the third leading cause of death, killing 160,000 people each year, and the leading cause of adult disability.
- Stroke can happen to anyone at any time, regardless of race, sex or age.
- Two million brain cells die every minute during stroke, increasing the risk of permanent brain damage, disability or death.

### Stroke Risk Factors

- High blood pressure
- High cholesterol
- Diabetes
- Smoking
- Heavy alcohol use
- Physical inactivity and obesity
- Atrial fibrillation (irregular heartbeat)
- Family history of stroke

To find a physician who can help you lower your risk of stroke, call Mount Sinai Medical Center's Physician Referral Service at **305-674-CARE (2273)**.

**Stroke is an emergency.**  
**Every second counts.**

## Act F.A.S.T.

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**Face** Facial droop  
Uneven smile

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**Arm** Arm numbness  
Arm weakness

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**Speech** Slurred speech  
Difficulty speaking  
or understanding

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**Time** Call 911 and get to the  
hospital immediately

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